

All Pet Animal Hospital
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Diets for Growing and Adult Dogs

Cottage Cheese and Rice Diet

1 cup cottage cheese, 2% fat
2 ½ cups rice, long-grain, cooked
2 tablespoons sardines, canned, tomato sauce
1 ½ tablespoons vegetable (canola) oil
¼ teaspoon salt substitute -potassium chloride
4 bonemeal tablets (10-grain or equivalent)
1 multiple vitamin-mineral tablet

Provides 973 kilocalories, 47.8 grams protein, 31.2 grams fat

*Supports caloric needs of a 34-pound dog
Diets containing cottage cheese are much higher in sodium; water consumption will be greater on these diets than on others.*

Omission of sardines reduce caloric content by 68 kilocalories, protein by grams, and fat by 4.6 grams.

Cottage Cheese and Potato Diet

2/3 cup cottage cheese, 2% fat
2 cups potato, cooked with skin
2 tablespoon sardines, canned, tomato sauce
1 ½ tablespoons vegetable (canola) oil
¼ teaspoon salt substitute-potassium chloride
4 bone meal tablets (10-grain or equivalent)
1 multiple vitamin-mineral tablet

Provides 661 kilocalories, 32.7 grams protein, 28.8 grams fat.

*Supports caloric needs of a 20-21 pound dog.
Omission of sardines reduces caloric content by*

Cottage Cheese and Macaroni Diet

2/3 cups cottage cheese, 2% fat
2 ½ cups macaroni, cooked
2 tablespoons sardines, canned, tomato sauce
2 tablespoons vegetable (canola) oil
¼ teaspoon salt substitute-potassium chloride
4 bonemeal tablets (10-grain or equivalent)
1 multiple vitamin-mineral tablet

Provide 946 kilocalories, 43.6 grams protein, 37.9 grams fat.

*Supports caloric needs of a 33- pound dog.
Omission of sardines reduces caloric content by 68 kilocalories, protein by 6.2 grams, and fat by 4.6 grams.*

Poultry Meat and Rice Diet

1/3 pound meat (raw weight), cooked
2 cups rice, long-grain, cooked
2 tablespoons sardines, canned, tomato sauce
1 tablespoon vegetable (canola) oil
¼ teaspoon salt substitute-potassium chloride
1/10 teaspoon table salt
4 bonemeal tablets (10-grain or equivalent)
1. multiple vitamin-mineral tablet

Provides 879 kilocalories, 43.1 grams protein, 37.3 grams fat.

*Supports caloric needs of a 29-30 pound dog.
Omission of sardines reduces caloric content by 68 kilocalories, protein by 6.2 grams, and fat*